	Montag				Dienstag				Mittwoch				Donnerstag				Freitag					Samstag			
	VS	MZH 1/3	MZH 1/3	MZH 1/3	VS	MZH 1/3	MZH 1/3	MZH 1/3	VS	MZH 1/3	MZH 1/3	MZH 1/3	VS	MZH 1/3	MZH 1/3	MZH 1/3	MZH 1/3	MZH 1/3	MZH 1/4	VS	RSN	VS	MZH 1/3	MZH 1/3	MZH 1/3
14:15 - 14:30									SAG GS																
14:30 - 14:45																									
14:45 - 15:00																									
15:00 - 15:15																									
15:15 - 15:30									U10/12 Freies Training																
15:30 - 15:45		U8																		U8/ U10	U12				
15:45 - 16:00																									
16:00 - 16:15																									
16:15 - 16:30																									
16:30 - 16:45																									
16:45 - 17:00																									
17:00 - 17:15									U12											U16/ U18m	U14/ U16w		U16m/Spieltage		
17:15 - 17:30																									
17:30 - 17:45																									
17:45 - 18:00																									
18:00 - 18:15										U16m	U18m	U16w /D		Gemeinderat											
18:15 - 18:30																									
18:30 - 18:45									U14m											U14m					
18:45 - 19:00																									
19:00 - 19:15								Jugend Individual-training																	
19:15 - 19:30																									
19:30 - 19:45	D																								
19:45 - 20:00																									
20:00 - 20:15										H1			H2				H1			Mixed					
20:15 - 20:30																									
20:30 - 20:45								H2																	
20:45 - 21:00																									
21:00 - 21:15																									
21:15 - 21:30																									
21:30 - 21:45																									
21:45 - 22:00																									